

# HUMIRA® (adalimumab) CITRATE-FREE REFERRAL AND PRESCRIPTION FORM

Sign and fax this form to Complete by AbbVie at 877-314-8427 or the pharmacy of your choice. For questions, please call 800-448-6472.

## DERMATOLOGY

PATIENT AND PRESCRIBER INFORMATION

**PATIENT INFORMATION** SSN (Last 4 ONLY) \_\_\_\_ | \_\_\_\_ | \_\_\_\_ | \_\_\_\_  
First Name: \_\_\_\_\_ MI: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
DOB: \_\_\_\_\_ Weight (lbs): \_\_\_\_\_ Sex:  M  F  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Primary Phone: \_\_\_\_\_  H  W  M  
Alternate Phone: \_\_\_\_\_  H  W  M  
Drug Allergies: \_\_\_\_\_

**PRESCRIBER INFORMATION**  MD  DO  Other: \_\_\_\_\_  
Prescriber Name: \_\_\_\_\_  
Specialty:  Derm  Other: \_\_\_\_\_  
NPI/Provider #: \_\_\_\_\_ State License #: \_\_\_\_\_  
Office Name: \_\_\_\_\_  
Contact: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

INSURANCE INFORMATION

### Fax a copy of the front and back of prescription insurance card(s) or fill in the information below

Primary Insurance: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Cardholder ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
PCN: \_\_\_\_\_ BIN: \_\_\_\_\_  
Policyholder Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Cardholder ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
PCN: \_\_\_\_\_ BIN: \_\_\_\_\_  
Policyholder Name: \_\_\_\_\_ DOB: \_\_\_\_\_

BV

**BENEFIT VERIFICATION ONLY**  I do **not** want to prescribe HUMIRA at this time, but please verify drug coverage.

CLINICAL AND PRESCRIPTION INFORMATION

**PATIENT'S DIAGNOSIS** Date of Diagnosis: \_\_\_\_\_  
 Plaque Psoriasis ICD-10: \_\_\_\_\_  
 Adolescent Hidradenitis Suppurativa ICD-10: \_\_\_\_\_  
 Hidradenitis Suppurativa ICD-10: \_\_\_\_\_  
 Psoriatic Arthritis ICD-10: \_\_\_\_\_  
 Other (include code): \_\_\_\_\_  
Prior medications: \_\_\_\_\_  
TB Test (Date) \_\_\_\_\_  Pos \_\_\_\_\_  Neg \_\_\_\_\_  
**Please attach any clinical or office notes relevant to therapy.**

**SHIPPING PREFERENCE** Date needed: \_\_\_\_\_  
 Deliver medication to the patient  
 Deliver medication to the prescriber

**PRESCRIPTION**  
 New  Restart  Continuing  
Current filling pharmacy: \_\_\_\_\_

### Plaque Psoriasis or Adolescent Hidradenitis Suppurativa 30 kg (66 lbs) to < 60 kg (132 lbs)

#### Starting Therapy

**Syringe:** HUMIRA 40 mg/0.4 mL NDC: 0074-0243-02 Two 40 mg SQ inj. Day 1, one 40 mg SQ inj. #4 No Refills  
Day 8, one 40 mg SQ inj. Day 22  
**Or**  
 **Pen:** HUMIRA Starter Pkg 80 mg/0.8 mL, 40 mg/0.4 mL One 80 mg SQ inj. Day 1, one 40 mg SQ inj. #3 No Refills  
Day 8, one 40 mg SQ inj. Day 22  
NDC: 0074-1539-03

#### Ongoing Therapy

**Or**  **Syringe:** HUMIRA 40 mg/0.4 mL NDC: 0074-0243-02 One 40 mg SQ inj. QOW  #2 (1 month)  #6 (3 month) Refills: \_\_\_\_  
 **Pen:** HUMIRA 40 mg/0.4 mL NDC: 0074-0554-02

### Hidradenitis Suppurativa for Adults or Adolescents ≥ 60 kg (132 lbs)

#### Starting Therapy

**Pen:** HUMIRA Starter Pkg 80 mg/0.8 mL  Two 80 mg SQ inj. Day 1, one 80 mg SQ inj. Day 15 #3 No Refills  
NDC: 0074-0124-03  One 80 mg SQ inj. Day 1, one 80 mg SQ inj. Day 2, one 80 mg SQ inj. Day 15

#### Ongoing Therapy

**Or**  **Syringe:** HUMIRA 40 mg/0.4 mL NDC: 0074-0243-02 One 40 mg SQ inj. Day 29 &  #4 (1 month)  #12 (3 month) Refills: \_\_\_\_  
every week thereafter  **Pen:** HUMIRA 40 mg/0.4 mL NDC: 0074-0554-02

#### Psoriatic Arthritis Therapy

**Or**  **Syringe:** HUMIRA 40 mg/0.4 mL NDC: 0074-0243-02 One 40 mg SQ inj. QOW  #2 (1 month)  #6 (3 month) Refills: \_\_\_\_  
 **Pen:** HUMIRA 40 mg/0.4 mL NDC: 0074-0554-02

**Other**  HUMIRA \_\_\_\_\_ SIG: \_\_\_\_\_ Qty: \_\_\_\_\_ Refills: \_\_\_\_\_

**PRESCRIBER SIGNATURE:** PRESCRIBER MUST MANUALLY SIGN (RUBBER STAMPS, SIGNATURE BY OTHER OFFICE PERSONNEL FOR THE PRESCRIBER, AND COMPUTER-GENERATED SIGNATURES WILL NOT BE ACCEPTED), OR SEND AN ELECTRONIC PRESCRIPTION TO THE PHARMACY.

Dispense as written/Do not substitute  Substitution permitted/Brand exchange permitted

Date

Date

I authorize the pharmacy and its employees to serve as my agent for the sole purpose of obtaining patient benefit information and the necessary prior authorization forms when dealing with Health Plans and Pharmacy Benefits Managers (PBMs), if the plan or PBM requires such authorization.

For states requiring handwritten expressions of Product Selection, use this area (e.g., medically necessary, may not substitute, dispense as written, etc.)

The information contained in this communication is confidential and intended for the addressee. It may contain Protected Health Information (PHI) under HIPAA. PHI is personal and sensitive information related to a person's health. This information is sent to you under circumstances when a participant's authorization is not required. You, the recipient, are obligated to maintain it in a safe, secure, and confidential manner. Redisclosure, unless permitted by law, is prohibited. If you are not the intended recipient, you are hereby notified that dissemination, disclosure, copying, or distribution of this information is strictly prohibited and may be unlawful. Please notify sender immediately to arrange for return of this document.

Please see Important Safety Information on next page.

Please see accompanying full Prescribing Information, including BOXED WARNING, or visit [www.rxabbvie.com/pdf/humira.pdf](http://www.rxabbvie.com/pdf/humira.pdf).

## INDICATIONS for HUMIRA® (adalimumab)<sup>1</sup>

HUMIRA is indicated for the treatment of adult patients with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy, and when other systemic therapies are medically less appropriate. HUMIRA should only be administered to patients who will be closely monitored and have regular follow-up visits with a physician.

HUMIRA is indicated, alone or in combination with non-biologic DMARDs, for reducing signs and symptoms, inhibiting the progression of structural damage, and improving physical function in adult patients with active psoriatic arthritis.

HUMIRA is indicated for the treatment of moderate to severe hidradenitis suppurativa in patients 12 years of age and older.

## IMPORTANT SAFETY INFORMATION<sup>1</sup>

### SERIOUS INFECTIONS

**Patients treated with HUMIRA are at increased risk for developing serious infections that may lead to hospitalization or death. Most patients who developed these infections were taking concomitant immunosuppressants such as methotrexate or corticosteroids.**

**Discontinue HUMIRA if a patient develops a serious infection or sepsis.**

**Reported infections include:**

- **Active tuberculosis (TB), including reactivation of latent TB. Patients with TB have frequently presented with disseminated or extrapulmonary disease. Test patients for latent TB before HUMIRA use and during therapy. Initiate treatment for latent TB prior to HUMIRA use.**
- **Invasive fungal infections, including histoplasmosis, coccidioidomycosis, candidiasis, aspergillosis, blastomycosis, and pneumocystosis. Patients with histoplasmosis or other invasive fungal infections may present with disseminated, rather than localized, disease. Antigen and antibody testing for histoplasmosis may be negative in some patients with active infection. Consider empiric anti-fungal therapy in patients at risk for invasive fungal infections who develop severe systemic illness.**
- **Bacterial, viral, and other infections due to opportunistic pathogens, including Legionella and Listeria.**

**Carefully consider the risks and benefits of treatment with HUMIRA prior to initiating therapy in patients: 1. with chronic or recurrent infection, 2. who have been exposed to TB, 3. with a history of opportunistic infection, 4. who resided in or traveled in regions where mycoses are endemic, 5. with underlying conditions that may predispose them to infection. Monitor patients closely for the development of signs and symptoms of infection during and after treatment with HUMIRA, including the possible development of TB in patients who tested negative for latent TB infection prior to initiating therapy.**

- Do not start HUMIRA during an active infection, including localized infections.
- Patients older than 65 years, patients with co-morbid conditions, and/or patients taking concomitant immunosuppressants may be at greater risk of infection.
- If an infection develops, monitor carefully and initiate appropriate therapy.
- Drug interactions with biologic products: A higher rate of serious infections has been observed in RA patients treated with rituximab who received subsequent treatment with a TNF blocker. An increased risk of serious infections has been seen with the combination of TNF blockers with anakinra or abatacept, with no demonstrated added benefit in patients with RA. Concomitant administration of HUMIRA with other biologic DMARDs (e.g., anakinra or abatacept) or other TNF blockers is not recommended based on the possible increased risk for infections and other potential pharmacological interactions.

### MALIGNANCY

**Lymphoma and other malignancies, some fatal, have been reported in children and adolescent patients treated with TNF blockers, including HUMIRA. Postmarketing cases of hepatosplenic T-cell lymphoma (HSTCL), a rare type of T-cell lymphoma, have been reported in patients treated with TNF blockers, including HUMIRA. These cases have had a very aggressive disease course and have been fatal. The majority of reported TNF blocker cases have occurred in patients with Crohn's disease or ulcerative colitis and the majority were in adolescent and young adult males. Almost all of these patients had received treatment with azathioprine or 6-mercaptopurine concomitantly with a TNF blocker at or prior to diagnosis. It is uncertain whether the occurrence of HSTCL is related to use of a TNF blocker or a TNF blocker in combination with these other immunosuppressants.**

- Consider the risks and benefits of HUMIRA treatment prior to initiating or continuing therapy in a patient with known malignancy.
- In clinical trials, more cases of malignancies were observed among HUMIRA-treated patients compared to control patients.
- Non-melanoma skin cancer (NMSC) was reported during clinical trials for HUMIRA-treated patients. Examine all patients, particularly those with a history of prolonged immunosuppressant or PUVA therapy, for the presence of NMSC prior to and during treatment with HUMIRA.
- In HUMIRA clinical trials, there was an approximate 3-fold higher rate of lymphoma than expected in the general U.S. population. Patients with chronic inflammatory diseases, particularly those with highly active disease and/or chronic exposure to immunosuppressant therapies, may be at higher risk of lymphoma than the general population, even in the absence of TNF blockers.
- Postmarketing cases of acute and chronic leukemia were reported with TNF blocker use. Approximately half of the postmarketing cases of malignancies in children, adolescents, and young adults receiving TNF blockers were lymphomas; other cases included rare malignancies associated with immunosuppression and malignancies not usually observed in children and adolescents.

### HYPERSENSITIVITY

- Anaphylaxis and angioneurotic edema have been reported following HUMIRA administration. If a serious allergic reaction occurs, stop HUMIRA and institute appropriate therapy.

### HEPATITIS B VIRUS REACTIVATION

- Use of TNF blockers, including HUMIRA, may increase the risk of reactivation of hepatitis B virus (HBV) in patients who are chronic carriers. Some cases have been fatal.
- Evaluate patients at risk for HBV infection for prior evidence of HBV infection before initiating TNF blocker therapy.
- Exercise caution in patients who are carriers of HBV and monitor them during and after HUMIRA treatment.
- Discontinue HUMIRA and begin antiviral therapy in patients who develop HBV reactivation. Exercise caution when resuming HUMIRA after HBV treatment.

### NEUROLOGIC REACTIONS

- TNF blockers, including HUMIRA, have been associated with rare cases of new onset or exacerbation of central nervous system and peripheral demyelinating diseases, including multiple sclerosis, optic neuritis, and Guillain-Barré syndrome.
- Exercise caution when considering HUMIRA for patients with these disorders; discontinuation of HUMIRA should be considered if any of these disorders develop.
- There is a known association between intermediate uveitis and central demyelinating disorders.

### HEMATOLOGIC REACTIONS

- Rare reports of pancytopenia, including aplastic anemia, have been reported with TNF blockers. Medically significant cytopenia has been infrequently reported with HUMIRA.
- Consider stopping HUMIRA if significant hematologic abnormalities occur.

### CONGESTIVE HEART FAILURE

- Worsening and new onset congestive heart failure (CHF) has been reported with TNF blockers. Cases of worsening CHF have been observed with HUMIRA; exercise caution and monitor carefully.

### AUTOIMMUNITY

- Treatment with HUMIRA may result in the formation of autoantibodies and, rarely, in development of a lupus-like syndrome. Discontinue treatment if symptoms of a lupus-like syndrome develop.

### IMMUNIZATIONS

- Patients on HUMIRA should not receive live vaccines.
- Pediatric patients, if possible, should be brought up to date with all immunizations before initiating HUMIRA therapy.
- Adalimumab is actively transferred across the placenta during the third trimester of pregnancy and may affect immune response in the *in utero* exposed infant. The safety of administering live or live-attenuated vaccines in infants exposed to HUMIRA *in utero* is unknown. Risks and benefits should be considered prior to vaccinating (live or live-attenuated) exposed infants.

### ADVERSE REACTIONS

- The most common adverse reactions in HUMIRA clinical trials (>10%) were: infections (e.g., upper respiratory, sinusitis), injection site reactions, headache, and rash.

**Reference: 1.** HUMIRA Injection [package insert]. North Chicago, IL: AbbVie Inc.

**Please see accompanying full Prescribing Information, including BOXED WARNING, or visit [www.rxabbvie.com/pdf/humira.pdf](http://www.rxabbvie.com/pdf/humira.pdf).**